

## APPENDIX 3

### Active Tameside Delivery Model



### Active Tameside Initiatives

The Active Tameside model is successfully delivering the following initiatives on behalf of the Council:

#### Active Education

- Coaches in schools programme - delivered 'high quality' Physical Education in 47 Tameside/High Peak primary schools reaching approx. 14,000 children per week, 12,000 children attended extra-curricular activities – Looking to develop to 52 by 2026.
- Fuel 4 Fun' holiday camps delivered in 40 Tameside primary schools for children who are eligible to receive free school meals – Looking to develop to 60 in 2022-23.
- Cook4Life' 3-week healthy cooking programme delivered in 12 primary schools (60 families) to give them the skills and confidence to cook healthy meals together as a family.
- 62% of children have improved their fitness levels in our fitness tracker tests so far this year.- target of 70% in 2022-23

- Bikeability – 6 qualified National Standard instructors delivered Bikeability levels 1 and level 2 to 1,891 year 5 and 6 children including 272 SEND pupils
- Delivered 'little bikers' balance bike sessions in 15 Tameside primary schools reaching approx. 500 EYFS/KS1 children giving them the skills to be able to cycle without the need for stabilisers – this will be delivered to 26 schools in 2022-23
- School Swimming – 79 Tameside primary schools attending weekly swimming lessons 91% achieving school swimming awards

### **Active Tameside Sport & Physical Activity Network**

- 105 affiliated community sports clubs and physical activity groups in receipt of 1-1 development support - Looking for growth to 150 by 2026.
- 19 Holiday & Food Activity camps run by 14 clubs and groups resulting over 4k attendances – Looking to grow this to 25 clubs and groups.
- Coach bursary fund has qualified 240 coaches through various NGB qualifications.
- Supported 35 clubs and groups to lever in £90,000 of external funding.
- Supported 10 clubs and groups to achieve club mark/safeguarding accreditations.
- Development of Active through Football grant – Successful application £309,000 of investment from the Football Foundation over a five-year period for the development of Football/physical activity sessions in Hattersley.
- Development of an equipment bursary fund to support young people on FREE school meals with grants up to the value of £100 to buy personal sports equipment.
- Development of an annual coach education calendar to support sports clubs and physical activity groups.
- Tameside Sport & Physical Activity Awards 2022 – the awards will come back after a two-year absence – we will be looking to attract 100 nominations over nine different categories.

### **Tier 2 Weight Management programme – Children**

- Weight management intervention programme aimed at children aged 5-16 years of age Commissioned through TMBC/Public Health England, we have two coaches who work with young people and their families to educate them around nutrition and physical activity, this year we will hit a target of 1,200 referrals and will look to develop the programme without the external funding beyond 2022.

### **Active Body & Active Mind**

- Development of a new programme that educates young people around mental health awareness and physical activity, this will be delivered to 40 schools in year one through an external grant of £48,000, we will look to develop the delivery to 60 schools in year 2 of the programme.

### **Community Cycle Pods**

- Establishment of a parks cycling offer – we are developing 3 bike pods to be placed in local parks so families can hire bikes and helmets and ride around the park, this will be developed to 2-3 more park sites over 23-26

### **Early Years Foundation Stage**

- Weekly delivery of 6 move and play sessions in partnership with TMBC, this programme aids the development of gross motor skills as part of a referral pathway.
- Greenspace delivery – delivered to over 300 families during the school holidays, this is to be expanded in 2022 over the summer to reach 500 families
- Crèche & Themed sessions – delivery of 2000 crèche hours over 2022 this will increase to 3000 in 2022/23, 18,000 attendances at themed sessions within Active Tameside centres

### **Bikeability**

- 6 qualified National Standard instructors delivered Bikeability levels 1 and level 2 to 1,891 year 5 and 6 children including 272 SEND pupils.
- 65% of Tameside Primary Schools received the 8 hour Bikeability training.
- Received 100% excellent/very good rating on customer satisfaction forms.
- Provided children with bikes and helmets if they didn't own one to allow for an inclusive service.
- Delivered 'little bikers' balance bike sessions in 15 Tameside primary schools reaching approx. 500 EYFS/KS1 children giving them to skills to be able to cycle without the need for stabilisers.

### **Live Active**

- 1628 Referrals from April 21 to March 22
- 1067 engaging in service from referral = 66%
- Participation income £132,715 from April to March
- 306 referrals for Weight Management since start of programme in October, 217 actively engaging in programme = 71% conversion rate.
- 84.1% increase in Total MET-Minutes per week
- 50.2% of Client's reduced weight (kg) from April to March.
- 38.3% of client's reduce blood pressure from April to March
- 1615 Live Active members = 692 £17.50 / 238 £10 / 466 casual / 217 Weight management
- Restart of Stamford Unit sessions.
- Successfully started activity sessions at TGH mental health inpatient unit, with positive feedback and outcomes and even having some of the patient engaging in the service on discharge from the unit.
- Restart of jigsaw older person project sessions.
- Set up of the Not Board club, 6 weekly dementia sessions linked with the dementia unit at TGH.

### **'Everybody Can'**

Summary of last 12 Months:

- Adult Day Service Tender awarded – 5 years
- Jointly appointed roles with TMBC/NHS – Coproduction Ambassador and SEND Advocate, Family Intervention Worker, SEND Participation Officers x 4, HAF Officer
- Stalybridge Community Hub opened
- Oxford Park redevelopment has now been commissioned
- LD Health Checks mobilised
- ELT all undergone Autism Awareness training

### **Key Numbers**

- Adult Day Service – 103 different people, 332 attendances per week, including private payers.
- Outreach Targeted Support - 29 different people – 143.5 hours per week
- Disability Community Provision – 3,394. However, didn't start delivering until August/September 2021
- Mainstream and Youth Community Provision -
- Disability Holiday Camps – 91 different children commissioned, 1,661 attendees over the year, including paying customers - this
- Fuel 4 Fun – 72% of families who receive free school meals received a service compared to 27% nationally
- Employment - 10 apprentice employed in partnership with Tameside College.
- 54 people with additional needs employed within Active Tameside.
- 7 successfully gaining employment through the Supported Internship

- Alternative Provision – Virtual school 24 young people on this provision.

### **Moving forward to 2026 – Subject to Contract Extension**

- **Adult Day Service Tender** - 4 years in with 12 providers (minimum) as part of the partnership, compared to 6 currently. On top of this, annual LD health checks in place for all providers.
- Jointly appointed roles firmly embedded with clear indication of forming strategy across the borough through child's voice. Additional jointly appointed role and funding stream relating to advocacy within Children Services too which coupling up with the above is a clear invest to save model which the benefits will start to show in 2026.
- Additional 3 community hubs open in addition to Stalybridge – one in each locality.

### **Oxford Park Development**

- Alternative Provision, Adult Day Service, Youth Intervention and F4F provision increase as a result of the development.
- Oxford Park canal water tested, and checks passed to fulfil water sport activities.
- Community café delivered from Pavilion.
- CQC SEND inspection completed and passed at NHS with Active Tameside playing a vital part.

### **Adult Day Service**

- Numbers may fluctuate but the monetary value will remain the same for the duration of the contract.
- Universal offer will follow a traffic light system approach;
- **Green** – people who can access their local community with minimal support, these people will display no behaviours and no personal care needs in general.
- **Amber** – people who have the ability to access their local community but may need some support through a staff group setting environment. Additionally, the support may only be needed on a short-term basis as a 'handholding exercise' before reducing this support and placing them into the **Green** level.
- **Red** – clients who will never be able to access community without intense support.
- **Targeted Support** – additional 30 hours per week, on top of existing support.
- **Disability, Mainstream and Youth Community Provision** – introduction of trampolining, gymnastic and water sports community provision, in addition to what we already deliver. 26 hours compared to 18 now for SEND. 34 compared to 28 now.
- **Disability Holiday Camps** – 2,500 attendees per year
- **Fuel 4 Fun** – sustainable project and bigger impact being reported year on year.
- **Employment** - TMBC will be a host employer for the Supported Internship. Providing up to 30-40 jobs opportunities per year across the whole Supported Internship placements.
- 75+ people with additional needs employed by Active Tameside.
- Alternative Provision – LAC x 4 cohorts 2 for primary schools and 2 for secondary schools.

### **Other Initiatives**

- Active Tameside to be Autism Accredited.
- CQC registered with the ability to provide and deliver overnight stays.
- 3 community cafes